

Shared Child Expense Planning Worksheet

Define the rules before a bill arrives, then use the same process for approval, proof, splitting, reimbursement, and disputes.

A clear expense rule answers five questions: what qualifies, who approves it, how it is split, what proof is needed, and when reimbursement is due.

1. Choose the expense categories

Mark each category as shared, paid separately, or decided case by case. Add a threshold if written approval is required above a certain amount.

Category	Shared / separate / case by case	Approval threshold	Split rule
Uninsured medical and dental			
School fees and supplies			
Childcare			
Activities and sports			
Clothing and equipment			
Travel and transportation			
Devices and subscriptions			
Other: _____			

Split methods at a glance

50/50: each parent owes half. Income-based: each parent's percentage equals that parent's agreed income divided by both agreed incomes. Custom: use the written percentage for the category. Always apply the split to the net amount after insurance, refunds, scholarships, or credits.

Write the operating rules

Complete these separately, compare answers, and resolve differences before relying on the process.

1. What information must an approval request include?

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2. How quickly must the other parent respond? What does no response mean?

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3. Which expenses can be incurred without advance approval?

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4. What proof is required: itemized receipt, invoice, insurance statement, or other record?

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5. How soon after payment must proof be shared?

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6. How many days does the other parent have to reimburse an approved expense?

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7. Which payment method and reference format will be used?

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8. How will disputed items be flagged without changing the original record?

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9. When will income-based percentages or category rules be reviewed?

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Expense log and reimbursement check

Use one row per expense. Keep the original proof and written approval with the record.

Date	Child / category	Net amount	Paid by	Split	Other share	Due / status

Reimbursement formula

Parent's fair share	Net expense x agreed percentage
Reimbursement balance	Fair share minus what that parent already paid
Example	For a \$240 expense at 60/40, the shares are \$144 and \$96. If the 60% parent paid all \$240, the 40% parent reimburses \$96.

Next steps

Calculate a one-time balance at tryonepage.com/tools/expense-split-calculator, read the shared-expense workflow at tryonepage.com/guides/shared-expenses, and draft the expense rules at tryonepage.com/tools/parenting-plan-generator.

Educational planning resource. This worksheet does not decide whether an expense is covered by child support, reimbursable under an order, tax deductible, or legally enforceable. Follow the controlling agreement or order and obtain qualified advice when needed. Reviewed August 24, 2026.